



October 1, 2025

RE: Update to Behavioral Health Member Handbook

Dear Member,

We are updating the ***Behavioral Health Member Handbook*** for San Joaquin County Behavioral Health Services (SJCBS). The handbook will now include a significant change that outlines the ***Additional Substance Use Disorder Services Available***. The additional services discussed are the use of Traditional Healer and Natural Helper services. Traditional Healer services include music therapy, spirituality, and other integrative approaches. Natural Helper services may help with navigational support, psychosocial skill building, self-management, and trauma support.

Starting October 1, 2025, you will be able to find the updated handbook on the SJCBS website, www.sjcbhs.org. If you need a copy or have any questions, you can also ask SJCBS staff.

Thank you,

San Joaquin County Behavioral Health Services
Quality Assessment and Performance Improvement
1212 N. California Street
Stockton, CA 95202

Enclosed:

“Notice of Availability”

“Nondiscrimination Notice”